



Calm Aware Present
Pastor & Active Ordained/Spouse Retreat
June 12-16, 2023
Monday Dinner-Friday Breakfast
Serra Retreat Center, Malibu, CA
Cost: \$125 per person
Register by Monday, May 15 to attend.



You are invited to attend this year's Minister/spouse retreat with your colleagues at the peaceful Serra Retreat Center in beautiful Malibu, CA. The retreat is open to those who are Church of the Brethren credentialed, serving as pastors or who are ordained and serving in another type of ministry (chaplain, spiritual director, teacher, consultant, etc.) All parts of the retreat will have English/Spanish translation.

We are pleased to welcome **Steve Cuss** as our presenter for 2023. Steve has served as a pastor, counselor, and chaplain. He is the author of *Managing Leadership Anxiety: Yours and Theirs*, and now leads workshops and retreats on building spiritual and emotional health by sharing tools that he has developed (stevecusswords.com). Steve will be sharing with us all day Tuesday, and during the remainder of our time together we will have time to work with the tools we have learned. All participants will receive the *Calm Aware Present* journal to support your practice as you return home.



We open with worship on Monday evening led by District Moderator Judy Minnich Stout, and on Thursday evening Norma Sexton, Ministry Commission chairperson, will lead us in a time of worship. We will also take a trip together to the Getty Villa on Wednesday, having the opportunity to share in the beauty of that space and the art collected there. And of course, there will be ample time to rest, visit, go to the beach, whatever it is that will help you to be renewed as a child of God.

Register by May 15 at the district website (<https://www.pswdcob.org/events/pastors/>). If you need a travel scholarship to help get you to retreat, contact Norma Sexton, Ministry Commission chairperson, or Russ Matteson, District Executive Minister.

