



W.O.W.

Women of Wisdom
“Singing the Journey”

Come explore the multi-dimensional gift of music to our spiritual lives. We will enjoy music literally – instruments, texts and singing as portals to get in touch with God, our spiritual journey, and the world.

We will also explore music as a spiritual metaphor to help us think about & celebrating our voices needing to sing out . . .

— Erin Matteson, our speaker & Co-Pastor of Modesto CoB

March 7 - 9, 2008

Location: Mary & Joseph Retreat Center over-looking the Pacific Ocean in Rancho Palos Verdes, Calif.
Only 4 private rooms . . . First come, first served

Erin will share Friday night, Saturday morning & evening. Workshops will give us an opportunity to grow spiritually, mentally and physically. Self-care opportunities will include Yoga, massages (fee), Beauty Room, hikes, Labyrinth and cliff walks. *Rest, Relaxation and Sleep!*

Don't miss out! Get your registration in early.
Registration Deadline – February 13, 2008

www.pswdcob.org/women

Sponsored by
Pacific Southwest
District Women Fellowship

